5th Canadian National Karate Championship Ottawa, Ontario October 1984

Men's Individual Kata		Women's Individual Kata	
1	E. Leung - ON	1	Tammy Dingman - West
2	J. Woon-A-Tai - ON	2	L. Bacon - QC
3	N. Trembley - QC	3	J. Liu - ON
Men's Individual Kumite		Men's Team Kumite	
1	N. Tremblay - QC	1	Quebec
2	C. Curtis - West	2	Western
3	R. Black - ON	3	Ontario
Men's Team Kata		Women's Team Kata	
1	Ontario	1	Quebec
2	Quebec	2	Quebec
3	Maritimes	3	Quebec
Dojo Team Kata		Dojo Team Kumite	
1	Ontario	1	Quebec
2	Quebec	2	Quebec
3	Ontario	3	Quebec